

2022 IMPACT REPORT

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COMMUNITY HEALING IS POLITICAL

Dear Community,

As we approach the close of 2022, we find ourselves navigating the essential process of healing from the surge in collective trauma. Together, we have confronted myriad uncertainties, yet we've also borne witness to the transformative potential that emerges when we unite.

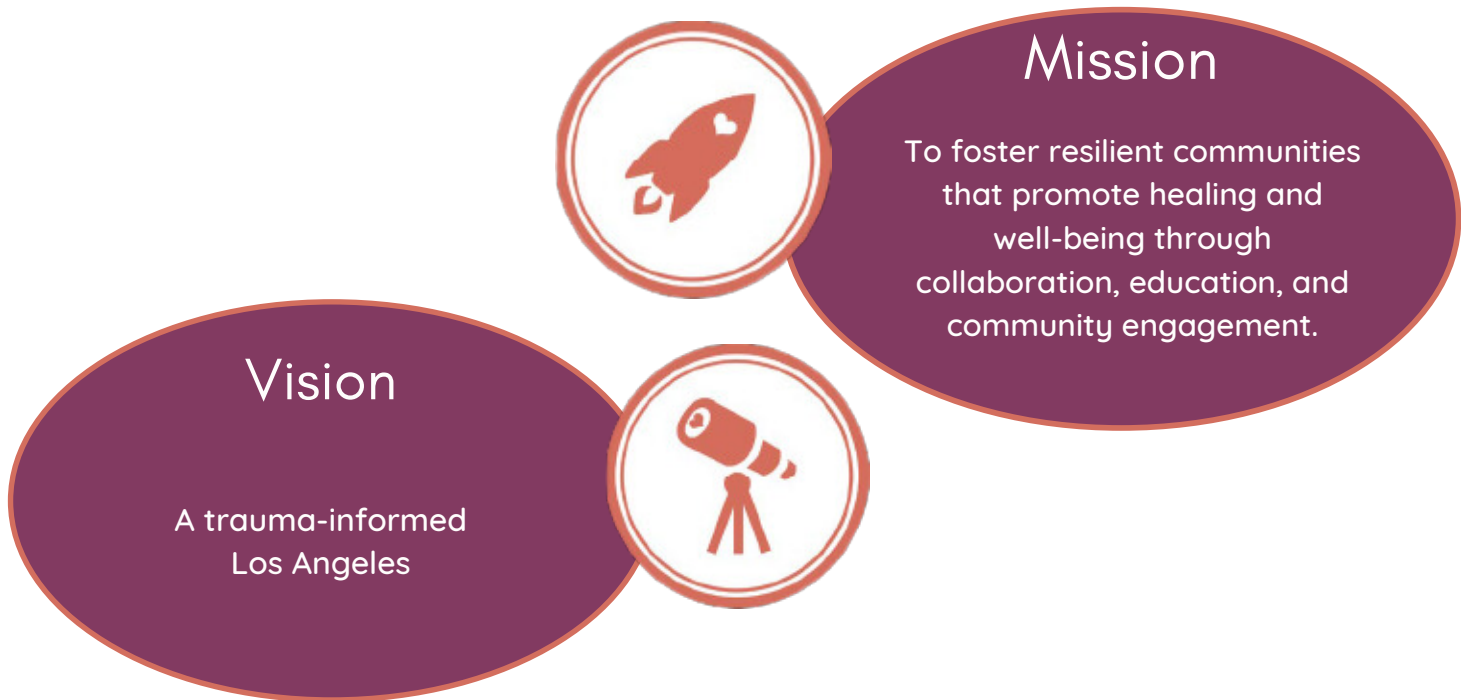
Engaging in storytelling to combat the injustices we face is a fundamental expression of our shared humanity. It not only serves as a means of healing but also stands as a testament to our ongoing commitment to building a more equitable world. Through our continuous engagement in the community via TILA Chats and the Our Stories Matter podcast, our commitment remains unwavering: to honor the intricate lived experiences of community members, offer accessible resources, and provide a platform for all voices to discover liberation through the art of storytelling.

As journalist Lauren Gilger profoundly states, “The power of the story will save us all.” While the world continues its rotation, it is paramount to recognize the power of rest as a form of resistance, particularly in challenging systems of oppression. Recognizing the intricate connection between exhaustion and structures entrenched in inequality and systemic injustice, choosing to embrace rest becomes a purposeful act of resistance and self-preservation. Prioritizing community healing is an essential component of disrupting oppressive norms.

It is through such intentional acts of community care that we not only resist the status quo but also actively contribute to the broader narrative of social change and liberation.

In Solidarity,
Trauma Informed LA

WHO WE ARE



Our Team

Steering Committee

Ramona Merchan
Executive Director

Susan Hess
Co-Founder + Podcast Co-Host

Chisato Hotta
Program Director

Chisato Hotta
Program Director

Kristin Lee
Operations Coordinator

Wendy Martinez
Development Manager

Interns

Lidia Vargas
MSW intern

2022 EVENTS

1/1/2022 - 12/31/2022

Our Stories Matter Podcast - 3 Seasons To Stream

2/4/2022

TILA Table Chat: Healing During The Pandemic

2/18/2022

TILA Table Chats: Trauma Exposed

3/4/2022

TILA Table Chats: Headline Anxiety And Community Care

3/18/2022

TILA Table Chats: Transfeminism:: Healing And Advocacy

4/1/2022

TILA Table Chats: Racial Justice And Confirmation Of Judge Jackson

4/15/2022

TILA Table Chats: Healing Through Advocacy

4/29/2022

TILA Table Chats: Healing From Stress

5/13/2022

TILA Table Chats: Advocacy And Reproductive Rights

5/27/2022

TILA Table Chats: Community Violence And Mental Health

6/10/2022

TILA Table Chats: Fatherhood After Incarceration

6/24/2022

TILA Table Chats: The Right To Choose! Protecting Women's Rights

7/22/2022

TILA Table Chats: MH Support For LGBTQ Youth

8/5/2022

TILA Table Chats: Stress And Healing For Bipoc Communities

8/19/2022

TILA Table Chats: Women's Equality Day

9/2/2022

TILA Table Chats: Building Self Awareness

10/22/2022

IPV Revolution: The Intersections Of IPV Reproductive Justice For Individuals Who Have Been Impacted By Incarceration

11/4/2022

TILA Table Chats: Abolition And Mental Health

12/2/2022

Abolition And Grief

IN 2022 TILA COLLABORATED WITH OVER 20 ORGANIZATIONS



Art, Business, Care, Education, Jobs, News, People, and Recycling for Sustainability



WESTERN CENTER ON LAW & POVERTY



TRAUMA INFORMED LA: BY THE NUMBERS

Trauma Informed LA is a 501C3 nonprofit organization dedicated to fostering community healing and resilience. TILA has maintained its efforts creating spaces for truth-telling and liberation from the impact of the United States and false narratives created by society.

13

**PUBLISHED EPISODES OF THE OUR STORIES MATTER
POD**

20

LOCAL COMMUNITY ORGANIZATION PARTNERSHIP

8

COMMUNITY EVENTS

26

**INDIVIDUALS SUPPORTED IN THEIR PROFESSIONAL
DEVELOPMENT THROUGH TILA TABLE CHATS**

75,000+

**INDIVIDUALS REACHED THROUGH OUR WEBSITE AND SOCIAL
MEDIA**

1500+

PODCAST DOWNLOADS

OUR 5TH ANNUAL IPV [INTIMATE PARTNER VIOLENCE] REVOLUTION EVENT

Trauma Informed LA was proud to host its 5th Annual IPV event with our sponsors: **ARC, Rainbow, ACLU and The Uncuffed Project.**

The IPV Revolution: The Intersections of IPV and Reproductive Justice for Individuals who have been impacted by incarceration,

Moderator:

Dr. Ramona Merchan

Panelists:

Norma Cumpian

Summer Lacey

Keeairra Dashiell

Special Guest:

Afia Anim



OUR STORIES MATTER PODCAST

In 2020 TILA launched the Our Stories Matter Podcast and this continued on! Our Stories Matter aims to inspire empathy, connection, activism, and healing – from and within community stories.

Through one story at a time, Our Stories Matter hopes to foster collective healing through community engagement.

On Season 3, our Diverse storytellers focus on HEALING from Incarceration in conversation with our hosts Yehuda (Pryce) and Susan “Susie” Hess. Our Stories Matter promotes a support system and healing process through community care.



3 Podcast Seasons



26 Podcast Episodes



28 Storytellers



851 Downloads

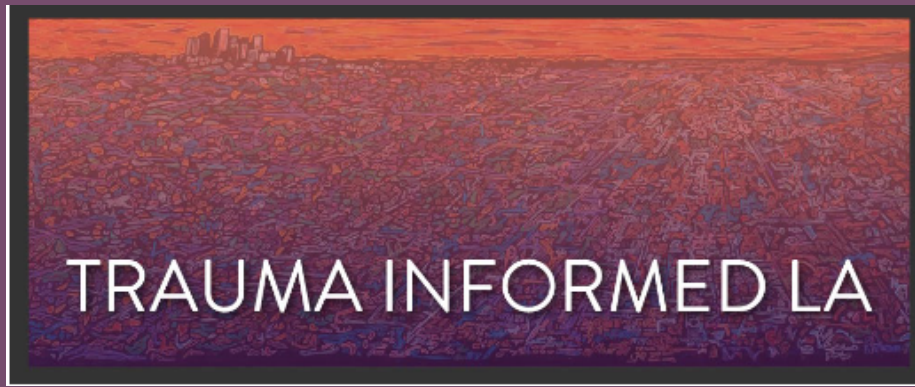
WHAT'S TO COME IN 2023

We are welcoming 2023 with the hope that it is a year of growth and healing.

Season 4 of the Our Stories Matter Podcast will be released with 16 more healers and activists telling their stories of radical healing from the criminal legal system. In partnership with Homeboy Industries and Forestry and Fire Recruitment Program, Our Stories Matter Season Four shares the stories of folx reentering the free world through radical resistance and activism. Prisons and many organizations in the free world complement each other as two sides of the same coin, as they continue to oppress and shackle folx coming home. Our Stories Matter engages in dialogue with two organizations that are dismantling the 46,000 collateral consequences around employment and education within a punishing system that has been created for recidivism. Storytelling is political. Storytelling is liberating. Storytelling is community healing. Our Stories Matter.

We'll be adding more members to our Leadership team and welcoming new interns to TILA.

TILA Table Chats will continue throughout the year - which will discuss the intersections of antiracism, intimate partner violence, trauma-informed practice, healing, and radical liberation.



**DON'T MISS A (HEART)BEAT -
FOLLOW US ALONG ON THE
JOURNEY!**



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